

THURSDAY 9TH NOVEMBER

8.00am

**REGISTRATION DESK OPENS**

Welcome tea & coffee available.

9.00am

**MORNING TEA**

10.10am

**POWHIRI**

10.30am

**PRESIDENTS WELCOME AND  
SPEAKER INTRODUCTION**

Beverley Hopper.

**OPENING SPEAKER**

10.45am

**ASSOCIATE PROFESSOR  
KATHY HOLLOWAY**

School of Nursing, Midwifery and Health  
Victoria University.

*Clarifying the contribution of specialist nursing  
to move forward.*

**SPEAKER**

11.30am

**DR LIZ MANNING**

Director/Owner of Kynance Consulting.  
*Disruption and change using a feminist lens.*

12.15pm

**QUESTIONS**

12.30pm

**LUNCH**

**SPEAKER**

13.15pm

**SHAWNA STEPHENS**

RNS and NP candidate.  
*Challenges of working as a RNS - Stewart  
Island. A lived experience.*

**SPEAKER**

14.00pm

**MORGAN SPITTAL**

Practitioner Self-Care.  
*Self-care and wellbeing.*

14.45pm **QUESTIONS**

15.00pm **AFTERNOON TEA**

**SUBMITTED ABSTRACTS**

15.15pm

**SUBMITTED ABSTRACT ONE**

Fascia Iliaca Block: An Acute pain Service Led  
Initiative for Perioperative Pain management in  
Patients' with a Hip Fracture.

**Lisa Cline CNS Acute Pain** - *On behalf of Grant  
McCullough, James Camacaylan and Erica Gleeson*

15.40pm

**SUBMITTED ABSTRACT TWO**

Addison's and adrenal crisis: A phenomenological  
study of the patient experience

**Sarah Fostekew CNS Endocrinology**

16.05pm

**SUBMITTED ABSTRACT THREE**

A Brief History of Infectious Disease: From  
Prehistory to Forensic Mental Health

**Jenny Singh CNS Forensic Mental Health**

16.30pm

**SUBMITTED ABSTRACT FOUR**

The essentials of culturally safe de- escalation in  
acute adult mental health units: an integrative review

**Elly Weber CNS Waikato Acute Mental Health  
Inpatient Unit**

16.50pm **QUESTIONS**

17.00pm **CANAPES/DRINKS**

END OF  
DAY

**18.00pm** | See you in the morning for a  
full buffet breakfast (*Level 7 Restaurant*).

## PROGRAMME DAY 2

### FRIDAY 10TH NOVEMBER

7.00am - 9.00am

#### BREAKFAST

Full buffet breakfast. Level 7 restaurant.

8.15am

#### CNSSNZ AGM

All current financial members welcomed and encouraged to attend.

### SPEAKER

9.15am

#### CATHERINE SOANA LATAILAKEPA TU'AKALAU

Nurse Practitioner - Pacifika

*Nurse practitioners - Shaping the future of our healthcare.*

### SPEAKER

10.00am

#### ANNE DANIELS

NZNO President

*Tensions and tangles. Unpicking the role of the CNS.*

### SPEAKER

10.45am

#### DR MAIRA PATU

Senior lecturer at Maori Indigenous Health Institute at Otago University.

*Engaging with Maori in delivering health care.*

11.30am

#### QUESTIONS

### SUBMITTED ABSTRACTS

11.40am

#### SUBMITTED ABSTRACT FIVE

Pilot project for provision of long-acting contraception for inpatients of mental health services

**Wendy Girling CNS Sexual Health**

12.00pm

#### SUBMITTED ABSTRACT SIX

Anaphylaxis

**Beverley Hopper CNS Outpatient Intravenous Antibiotic Service**

12.15pm

#### LUNCH

### SPEAKER

12.45pm

#### ZOE ANDERSON-HOWELL

RN./Professional Supervisor. Nurse Consultant

*What is professional supervision, the models utilised to support this process, and how supervision supports professional growth*

### SPEAKER

13.30pm

#### JANE HINDS

Registered Nurse, Psychotherapist/Counsellor Grief Therapy.

*Uncovering disenfranchised grief.*

14.15pm

#### QUESTIONS

14.30pm

#### CLOSING - INTRODUCTION OF NEW COMMITTEE

CNSSNZ Committee

END OF  
DAY

15.00pm | End of conference.

